



# Gaealana Healing Arts Center

4160 SE Division Street | Portland, OR 97202

www.gaealanahealingarts.com

(503)564-0179

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## Prenatal Client Intake Form

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Referred by: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Occupation: \_\_\_\_\_ Birthday: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Would you like to receive our monthly e-newsletter with special offers? \_\_\_yes \_\_\_no

Have you received massage therapy before? \_\_\_\_\_ If so, what type? \_\_\_\_\_

Date of LMP: \_\_\_\_\_ Week of Pregnancy: \_\_\_\_\_ Estimated Due Date: \_\_\_\_\_

Planned Birth Place: \_\_\_\_\_ Prenatal Healthcare Provider: \_\_\_\_\_

I have had \_\_\_ previous pregnancies and \_\_\_ previous births. I'm carrying \_\_\_ one baby \_\_\_ multiples

Please mark past (p) or current (c) to any conditions that may apply to your experience in this pregnancy:

- |   |   |   |  |
|---|---|---|--|
| <input type="checkbox"/> Miscarriage          | <input type="checkbox"/> Indigestion                              | <input type="checkbox"/> Constipation/Gas       | <input type="checkbox"/> Anemia              |
| <input type="checkbox"/> Still Birth          | <input type="checkbox"/> Heartburn                                | <input type="checkbox"/> Anxiety/Depression     | <input type="checkbox"/> Difficulty Sleeping |
| <input type="checkbox"/> Ectopic Pregnancy    | <input type="checkbox"/> Morning Sickness                         | <input type="checkbox"/> Uterine Abnormalities  | <input type="checkbox"/> Headaches/Migraines |
| <input type="checkbox"/> High Blood Pressure  | <input type="checkbox"/> Varicose Veins                           | <input type="checkbox"/> Placenta Previa        | <input type="checkbox"/> Leg Cramps          |
| <input type="checkbox"/> Pain in Pubic Bone   | <input type="checkbox"/> Edema (Swelling in<br>Hands and/or Feet) | <input type="checkbox"/> Placental Abruption    | <input type="checkbox"/> Low Blood Pressure  |
| <input type="checkbox"/> Restricted Breathing | <input type="checkbox"/> Sciatica/Piriformis<br>Syndrome          | <input type="checkbox"/> Gestational Diabetes   | <input type="checkbox"/> Dizziness/Fainting  |
| <input type="checkbox"/> Carpal Tunnel Pain   |   | <input type="checkbox"/> Threatened Miscarriage | <input type="checkbox"/> Allergies           |
| <input type="checkbox"/> Breech Presentation  |   | <input type="checkbox"/> Pre-eclampsia          | <input type="checkbox"/> Skin Disorders      |
| <input type="checkbox"/> Stiffness            | <input type="checkbox"/> Communicable Disease                     | <input type="checkbox"/> Heart Disease          | <input type="checkbox"/> Numbness            |

Are you taking any medications, vitamins, supplements, or remedies?

Please list any surgeries, accidents or major illnesses within the last five years.

Please list the information regarding any hospitalizations.

What do you do to relax? What do you do to exercise?

What are the primary sources of stress in your life? Where in your body do you hold stress?

In regard to previous pregnancies, what was your experience of:

Pregnancy:

Labor & Delivery

\_\_\_ Vaginal Birth \_\_\_ Cesarean Birth \_\_\_ Premature \_\_\_ Induced Birth

Postpartum:

Breast-feeding

Postpartum Depression/Anxiety:

Is there anything else you would like me to know about your health or pregnancy?

What are your current goals for massage?

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### Informed Consent and Business Agreement

Full payment is due at the time of treatment. A cancellation must be made 24 hours in advance to avoid charges. You are responsible for half the cost of an appointment cancelled within 24 hours and full price of an appointment missed without cancellation. Payments must be made before receiving further treatment. In the case that you are using health or auto insurance to pay for a portion of your care in this office, arrangements may be made to omit payment and await reimbursement. We are often unable to predict these costs exactly, and may not know for 12 weeks up to 6 months after the date of service, once your company has processed the claim. By signing below, I accept financial responsibility for any outstanding charges that are not covered by my company and I authorize my provider, \_\_\_\_\_, to release my medical records relating to claim for benefits submitted.

The above information is accurate and true to the best of my knowledge. I understand that massage therapists do not diagnose disease, prescribe medications, or manipulate bones. I further understand that massage therapy is not a substitute for medical attention or examination. I take responsibility for alerting my practitioner to any physical, mental, or emotional changes that occur with my health. I hereby give my consent to receive therapeutic massage.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_